

Childwall Valley Primary School



Personal, Social, Health & Economic Education Policy 2021-22

“Easy is boring, Challenge is fun!”

At Childwall Valley Primary School, PSHE (Personal, Social, Health and Economic Education) is a planned programme of learning where the children acquire the knowledge, understanding and skills they need to keep themselves healthy and safe. PSHE provides the children with the building blocks in order for them to develop healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This sits alongside the essential understanding of how to be healthy.

As part of our whole school approach, PSHE develops the qualities and attributes that children need to manage opportunities, challenges and responsibilities as they grow up, enabling them to thrive as individuals, family members and members of society.

By teaching pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, our effective PSHE programme enables staff to tackle barriers to learning and raise aspirations for our pupils.

At Childwall Valley Primary School, it is our intent to provide **all** children with a broad and balanced curriculum that aims to assist children and young people to prepare for adult life by supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships.

This will be implemented by following a programme of study that is suited to our school and all our children, based upon the guidance provided by the PSHE Association. The two main core themes of our PSHE programme of study focuses on Relationships Education and Health Education. A third core theme, Living in the Wider World is also an integral aspect of our curriculum.

Relationships Education

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Health Education

- Mental wellbeing
- Internet safety and harms

- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

Implementation through Teaching and Learning

The school seeks to provide a safe, secure learning environment for PSHE that enables children and young people to gain accurate knowledge, develop their own values and attitudes, and develop skills to grow into happy confident successful adults. At the beginning of each year, every class sets ground rules that children must follow during PSHE lessons. This creates a safe and supportive learning environment and allows children to feel comfortable and to speak openly and honestly

At Childwall Valley Primary School we promote the needs and interests of all pupils, irrespective of gender, culture or background and all teachers take into account the children's age, ability and readiness. PSHE will be provided through discreet curriculum time, assemblies, class discussions/circle time, as and when issues arise, ensuring time is made within the curriculum to meet the needs of the children and through extra-curricular activities.

All elements of PSHE and Citizenship are covered across Key Stage 1 & 2. Significant aspects of Relationship and Sex Education remain part of the National Curriculum for Science. These will be taught to all pupils. ***(Parents are unable to withdraw pupils from such lessons.)***

Safeguarding

At Childwall Valley we are vigorous in our commitment to the safety of our children. We believe that our thorough and balanced PSHE curriculum is an essential tool in our responsibility for the safeguarding of all pupils. The quality teaching provided helps to make children aware of potential issues that they may face in everyday life and also to demonstrate the healthy and rewarding relationships that can be formed with family and friends.

Early Years Foundation Stage (EYFS)

When the children first arrive at Childwall Valley, we recognise our duty to instill in them a sense of their place in our school community and how important their social and emotional development is to our staff. During their time in EYFS our PSHE lessons are structured in a less formal way to provide the best possible access to all students. Activities will be whole class discussions and role-play that are designed with the children's viewpoints in mind and follow our PATHS scheme of work.

Key Stage One and Two

Within Key Stage One and Two PSHE lessons are often more structured and follow the scheme of work that is in place. This follows the three core themes which have been adapted specifically for the children at Childwall Valley Primary School. Children have the opportunity to form and share opinions, value differences, recognise feelings and emotions as well as identify what makes relationships healthy.

SEND provision

As a school, we recognize the importance of an inclusive education for all of our students. When teaching PSHE, we will ensure that children with specific needs are provided with all necessary assistance they require to fully access their learning. This includes support from adults and the use of learning aids specific to their needs.

Assessment Recording and Reporting

A record is kept in teacher's planning of the delivery of PSHE. The programme is assessed, monitored and evaluated by the co-ordinator in accordance with the school's monitoring and evaluation policy. Pupils are given the opportunity for self evaluation at an appropriate level for each year group. Detailed reporting will be made in individual pupil's reports to give parents full awareness of their child's achievement.

Safeguarding Procedures

The school has procedures to deal with any sensitive issues or children thought to be vulnerable. Staff will pass on any concerns of this nature to the designated child protection officer in school.

Right of Withdrawal

It is our hope that parents would wish their children to be involved in the schools positive and prudent programme of Relationship and Sex Education, following annual consultation regarding the school’s approach. However, we recognise parents have the right to withdraw their children from such lessons (not included in National Curriculum Science) after discussion with the Headteacher.

Monitoring and Review

This policy will be monitored annually by the Relationships and Sex Education Co-ordinator and will be reviewed annually by the Governing Body. Parents will be consulted before any proposed changes.



This policy has been formally adopted by the governing body of Childwall Valley Primary School. It will be reviewed by the Governors and Headteacher in conjunction with the staff and school community annually from the date below.

Signed: (Chair of Governors)

Date: